

# 16th Annual Washoe Valley Endurance Rides

**Saturday, May 2, 2009 - 25 & 50 miles**

**Sunday, May 3, 2009 - 25 & 50 miles**

**A.E.R.C. sanctioned**

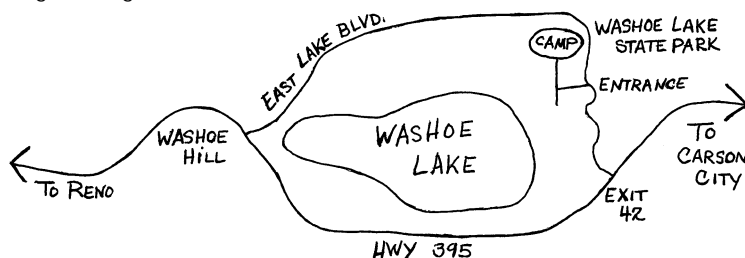
**A.H.A. Local Ride (50 mile rides only)**



Come join us for the 16<sup>th</sup> Annual Washoe Valley Endurance Rides. Experience the beauty of the Virginia Mountain Range in full spring bloom, while enjoying the views of the snow capped Sierras. Great food and awards, challenging trail, and a fun time with friends and horses!

**CAMP:** Washoe Lake State Park is located between Reno and Carson City, Nevada. Camp space is limited. Please park as comfortably close as possible. Please don't drive over the sagebrush!!! Restrooms / portable toilets will be available. Horse water will be available. Please bring water for human consumption. We are at 5000' elevation. Come prepared for any type of weather. Friday, Saturday, and Sunday camping fees are included in your entry. Bypass the fee booth and come directly to camp. Portable corrals should be placed outside the post barriers, to better utilize vehicle parking space. (please watch for the drip system). Dogs are allowed, but must be kept on a leash at all times (see Ride Rules).

**DIRECTIONS:** Traveling south on Hwy. 395 from Reno, approximately 6 miles past the junction of State Route 341 and 431, turn left on East Lake Blvd. Proceed approximately 7 miles, to the south. After the bend, watch for signs on the right for Washoe Lake State Park. Turn right then right again, after the fee booth, and follow the signs to the equestrian camp area. Traveling north on Hwy. 395, from Carson City, take the East Lake Blvd. exit 42. Turn right and proceed approx. 3 miles to the Park entrance. Turn left, then right, after the fee booth, and follow the signs to the equestrian camp area. Glo bars will be hung at the Park entrance for those arriving during the night.



**TRAIL DESCRIPTION:** The rides are of moderate difficulty. Pads and/or Easyboots are recommended! The desert terrain varies from rocky to sandy, has several steep climbs and downhills, some trails, cross country, and jeep roads. Elevation ranges from 4600' to 7500'. Ride management will provide water and snacks for horses and riders on the trail. The 25 miler (Saturday & Sunday) will consist of two loops, which offers the novice horse and rider a moderate challenge, while enjoying beautiful views from the mountain tops and the beach of Washoe Lake. The 50 miler will consist of three loops, each returning to camp for Control Checks. These loops will have an elevation gain of 1000' to 2000'. The last loop is flat, and partially travels along the lake in deep sand. Sunday's 50 miler will consist of three different loops, each returning to camp for Control Checks. **RIDERS ARE RESPONSIBLE FOR THEIR OWN SAFETY WHILE CROSSING PAVED ROADS!!!**

**PRE-RIDE CONTROL EXAMINATION:** 3 pm to 7 pm on Friday, May 1<sup>st</sup>. A pre-ride meeting will be held at 7:15 p.m. Friday. For riders arriving in the morning, a pre-ride exam will be held approximately 1 hour prior to your start time. The pre-ride exam for Sunday's ride will take place during Saturday's ride, as Control Judges are available. Our Head Control Judge is Susan McCartney, D.V.M., with Associate Control Judges Marcia Smith, D.V.M. and Jamie Kerr, D.V.M.

**STARTING TIMES:** The 50 milers (both days) start at 6:30 a.m., and have 12 hours elapsed time to complete. The 25 milers (both days) start at 8:00 a.m., and have 6 hours elapsed time to complete.

**SANCTIONING/RULES:** The rides are sanctioned by the American Endurance Ride Conference and the Arabian Horse Association. All A.E.R.C. and A.H.A. rules will apply. See additional ride rules. Both 50 mile rides are recognized AHA Local Rides (Saturday 50 mile ride #09079671 and Sunday 50 mile ride #09079672).

**MEALS/BANQUET:** We're serving Spaghetti Dinner Friday evening, \$5.00 per person. Saturday's delicious barbeque dinner will be available to riders, crews, volunteers, and ride officials. Serving will start between 6-6:30 p.m. (approximately), with awards to follow. Each rider will receive one ticket included with their entry. Extra tickets will be sold (\$15 for adults and \$5 for children 12 and under). Participants for Sunday's ride interested in eating with us on Saturday must purchase a meal ticket. Serving of Sunday's chili dinner will start around 2:00 p.m., with awards to follow. Each rider will receive one ticket included with their entry. Extra tickets will be available for \$5.00.

**ENTRY FEES:** Saturday 25 mile ride - \$95.00. Saturday 50 mile ride - \$105.00. Sunday 25 mile ride - \$85.00. Sunday 50 mile ride - \$95.00. A \$15.00 discount will be given for pre-registration postmarked by 04/22/09. Juniors ride for half price. 2009 Ride Managers will receive a \$25.00 discount off each day. A \$15.00 fee will be charged to non-AERC members. AERC membership cards will be checked. Cancellations by 4/29/09 will receive a full refund. Cancellations after 4/29/09 will be refunded all but \$10.00. No Shows will receive NO REFUND! Checks will not be cashed until after the ride. Ride refunds will be paid within 30 days.

**COMPLETION AWARDS:** Saturday - rope halter. Sunday - screened waterproof document bag. 50 milers - 1<sup>st</sup> place in each weight division, and junior division will receive an embroidered fleece sheet on Saturday and an embroidered crew bag on Sunday. Special awards will be given for 1st Place, Best Condition, and Top Ten for both Saturday's and Sunday's ride. 25 Milers - A Horse Excellence Award will be chosen from all horses that finish the 25 miler, by their condition, and not finish time.

FOR MORE INFORMATION CONTACT:

Connie Creech @ 4071 Center Drive , Carson City, NV 89701

Telephone (775) 882-6591 / Fax (775) 882-0509 / email: [connielou@prodigy.net](mailto:connielou@prodigy.net)

Gina Hall @ 1220 Dunbar Drive, Carson City, Nevada 89704

Telephone (775) 849-0839 / Fax(775) 849-0948 / email: [NVhorseldy@charter.net](mailto:NVhorseldy@charter.net)

**CRITERIA:** Finishing criteria will be Fit to Continue. At Control Checks all holds will be gate into hold, with 60 pulse requirement, unless the Control Judge determines otherwise. Horses must meet this criteria within 30 minutes of arrival at each check, or be disqualified. Other criteria may be included in your rider packet, or announced at rider meeting, if weather is a factor. CRI will be used. CONTROL JUDGE'S DECISIONS ARE FINAL!

**FIT TO CONTINUE:** 50 mile horses MUST recover to a pulse rate of 68 or below within 1 hour of crossing the finish line (the Head Control Judge has the option of changing the pulse rate criteria). 25 mile horses MUST recover to a pulse rate of 60 or below within 30 minutes of crossing the finish line. The time your horse recovers will be considered your finish time. Your horse MUST be presented within one hour of your completion time, for final examination, to avoid disqualification. Your horse must be metabolically stable, so as to demonstrate fitness to continue. Synchronous Diaphragmatic Flutter (thumps) must not be present at the time of the exam, for any check point, including post-ride exam. There must be no gait aberration that is consistently observable, under all circumstances, that results in pain or threatens immediate athletic performance. Exam will be conducted at trot, straight out and back, without prior flexation or palpation. Any soreness or wounds, that affect horse's ability to go on, may be cause for non-completion. A horse may not have received medical treatment prior to final exam. A horse must not require treatment for a soundness or metabolic problem. A horse that a ride Control Judge advises should be treated, but treatment is refused by rider or owner, shall be considered in the same light as a horse that has been treated and disallowed completion.

It is the responsibility of the rider to know the AERC rules and regulations ([http://www.aerc.org/upload/Rules\\_Current.pdf](http://www.aerc.org/upload/Rules_Current.pdf)) and AHA rules and regulations ( <http://secure.arabianhorses.org/2009handbook/CHAPTER16.pdf>).

- \* The rides are sanctioned by A.E.R.C. and A.H.A., and will comply with the A.E.R.C. and A.H.A. rules and regulations.
- \* All riders are totally responsible for self, crew, and equine (before, during, and after the ride).
- \* The rides are open to all persons and equines.
- \* Riders or their crews, who are in any way rude or insulting to Control Judges, treatment vets, ride management, volunteers, local landowners, or other trail users, will risk disqualification of the rider.
- \* A "Junior" is a rider under the age of 16 as of December 1st in the year of competition, and MUST be accompanied by a Senior sponsor, at least 21 years old, at all times. A change of sponsor during the ride may not be made unless approved by management. ALL JUNIOR RIDERS MUST WEAR AN APPROVED SAFETY HELMET.
- \* Horses must be at least 48 months old for the 25 miler and 60 months old for the 50 miler, as confirmed by the Ride Control Judge(s).
- \* No pregnant or nursing mares will be allowed.
- \* The same horse and rider must pass all control points, and stay on the marked trail, in order to qualify for any awards.
- \* There will be no ties allowed.
- \* The ride must be completed in 6 hours for the 25 miler and 12 hours for the 50 miler (in elapsed time) to qualify for awards.
- \* Loose dogs in camp may result in rider disqualification. Please insure your dogs are on a leash or kept within your rig.
- \* All matters concerning the horse will be made final by the Head Control Judge.
- \* Riders/horse owners are financially responsible for any emergency veterinary treatment provided.
- \* Abuse of the horse and/or use of drugs is prohibited. All horses shall be subject to a blood and urine test.
- \* Violation of any of these rules shall be grounds for disqualification of horse and rider from the ride.
- \* Ride management reserves the right to interpret these rules and regulations as necessary, to insure the continuity of the ride, and will settle any questions or disputes that might arise from any incident that might occur during the ride.